



Parenting and Caregiver Workshop

WHAT:

A workshop for parents,
caregivers and anyone who
works with children,
adolescents, and young
adults

WHEN:

Saturday
October 12,
2024

9:30 am - 12:00pm

(Childcare provided)

Register at:
Healingstepscounseling.net

WORKSHOP HIGHLIGHTS:

- Self-Care
- Early Childhood
Developmental Stages
- Adolescent/Adult Children
- Connecting with your child
- Healthy Habits
- Trauma
- Family Dynamics

WHERE:

Chicago Heights Church of the
Nazarene and Nursery School

699 w. 8th St Chicago Heights,
IL 60411

Cost:

FREE

(Donation Only)

Contact Information:

Email: yourhealingsteps@gmail.com

Phone: 708-855-3563